

When I get old in Nottinghamshire

Report from World Café
Conversations 13th and 14th
November 2024

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When I Get Old (WIGO)

Brings together organisations,
older people and people
thinking about ageing

Creating a movement for change

We want **more choice** of care
options for our older selves and
the people we love

Nottinghamshire County Council (NCC) and WIGO

- In November 2024 NCC invited WIGO to play a part in its annual learning and celebration event in Newark
- Over 200 Council staff gathered to explore experiences, learn, connect and celebrate success
- The event used World Café approaches to get people round tables, talking about a wide range of topics
- 2 days
- Engaging presentations
- 30 discussion topic tables
- Lots and lots of vibrant conversation

Some of the 30 table topics

Strengths based
approaches and
community maps

Inclusivity in the
neurodivergent
community

Community
participation through
occupational therapy

Sport for confidence

When I Get Old

Mental Capacity Act –
the online community

Adult Social Care
design – what place-
based means

Singing for the brain

Co-production –
making it happen

Tackling loneliness
collaborative

Contributing to the
deliver of the new Net
Zero Framework



World Cafe and WIGO

- Table discussions happened 8 times over the 2 days
- On our table we introduced this challenge

We're all getting older. When we need help a care home or home 'calls' can be the only option. Lives of wisdom become lives of disconnection. Many of us pay a lot for something we dread. Is this what we actually want?

- 84 people joined in
- People had roles like social worker, community worker, elected member, senior manager, day centre worker, hospital discharge team member
- Many also had personal experience of supporting older friends and relatives

The questions we posed

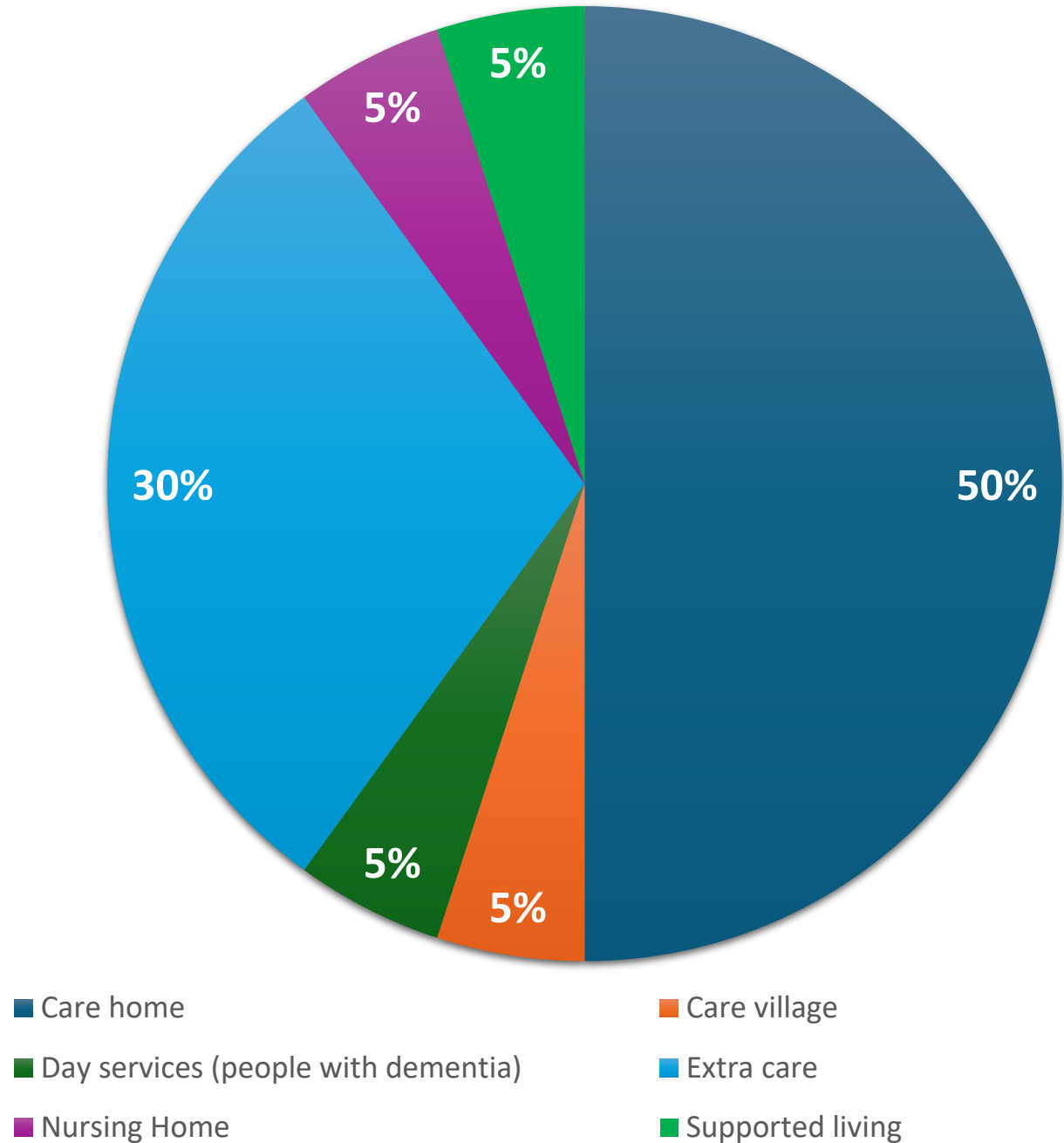
- What is your **experience** of care and support – personally or for people you love?
- What are your **aspirations** – what kind of care or support would you want for yourself or people you love in the future?



What is your **experience** of care and support – personally or for people you love?

What people told us

The types of care people and their loved ones had experienced



I visited my Mum and thought....I don't want to end up here

I saw my Mum pass away and I didn't like the care that she got

I make care arrangements for people that I would never accept for my family – it makes me feel hypocritical

The person becomes a number


Self funders don't get support to choose

I visited a former colleague who spent 30 years as a social worker. She was in care home walking up and down the corridor with wet trousers and a stuffed bunny under her arm





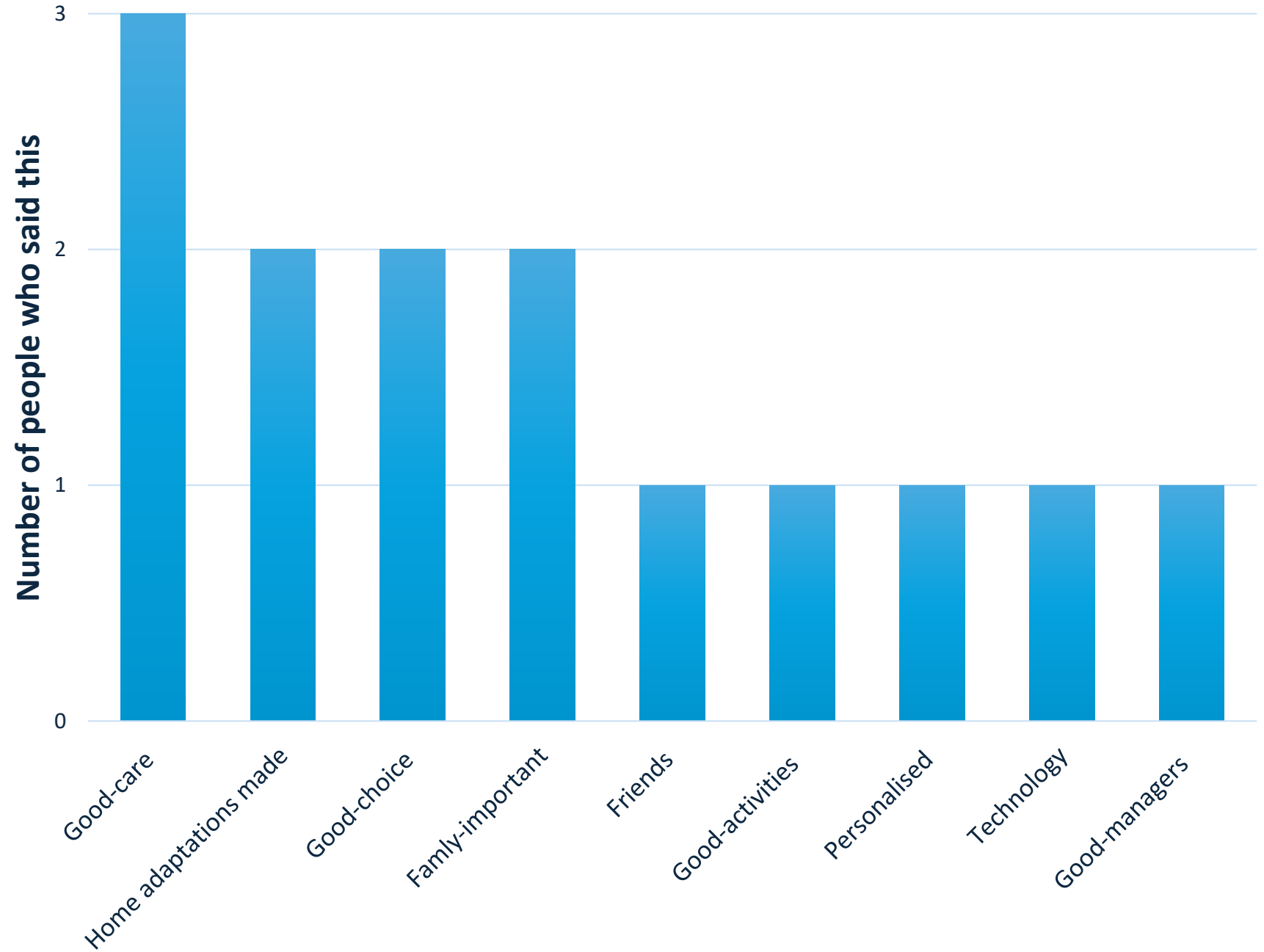
70 negative
experiences
shared



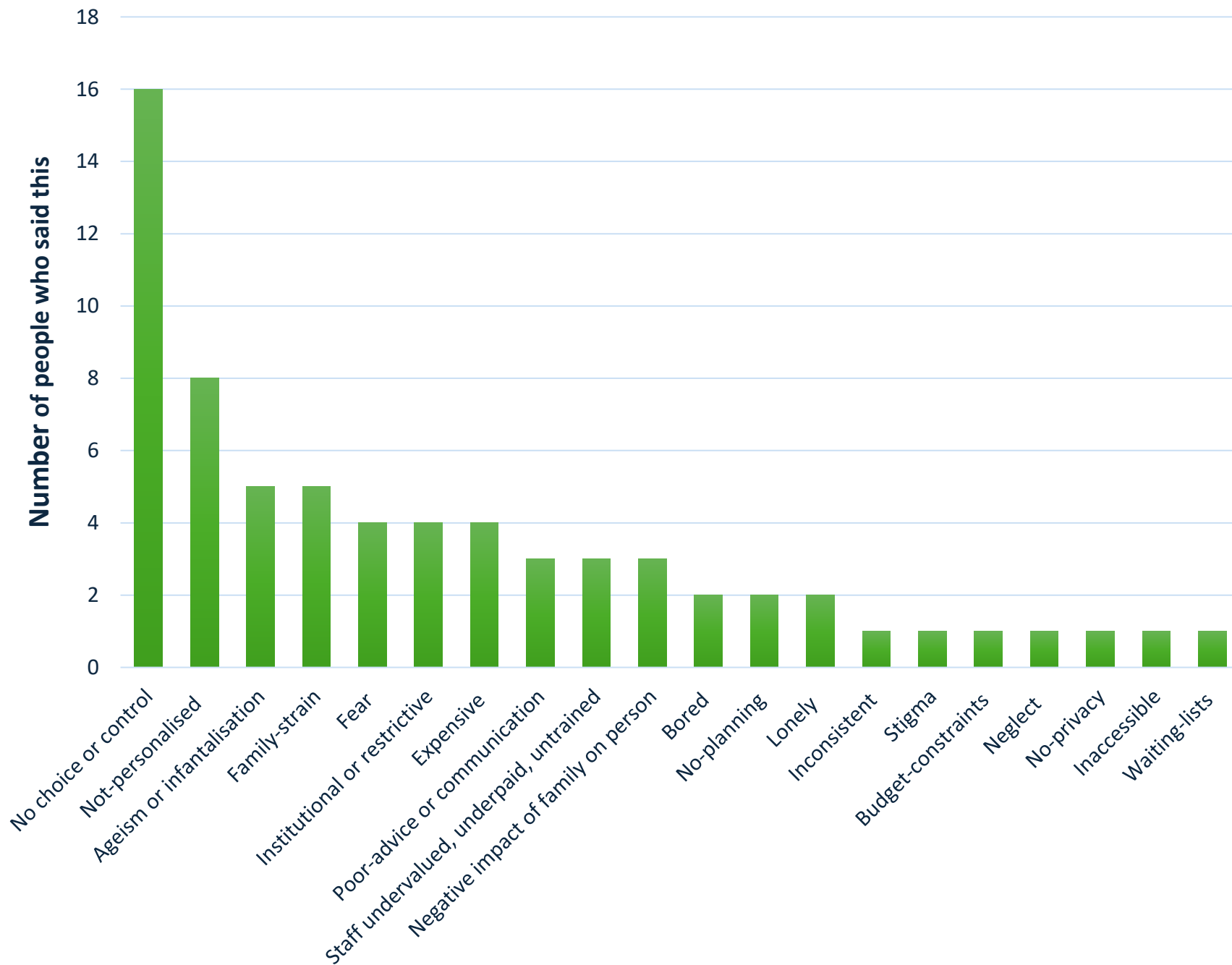
14 positive
experiences
shared



The positive things people said about their experience of care



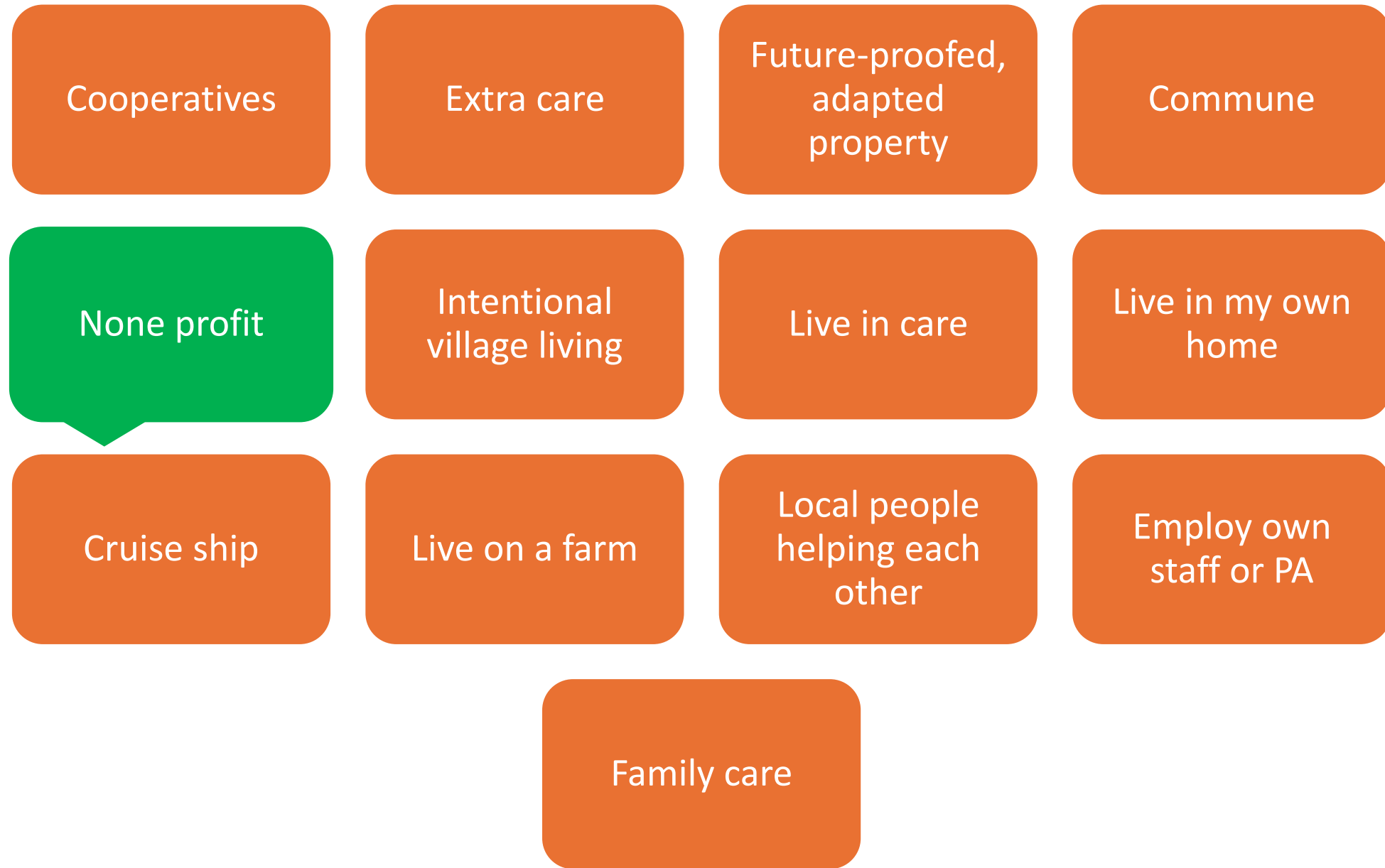
The negative things people said about their experience of care



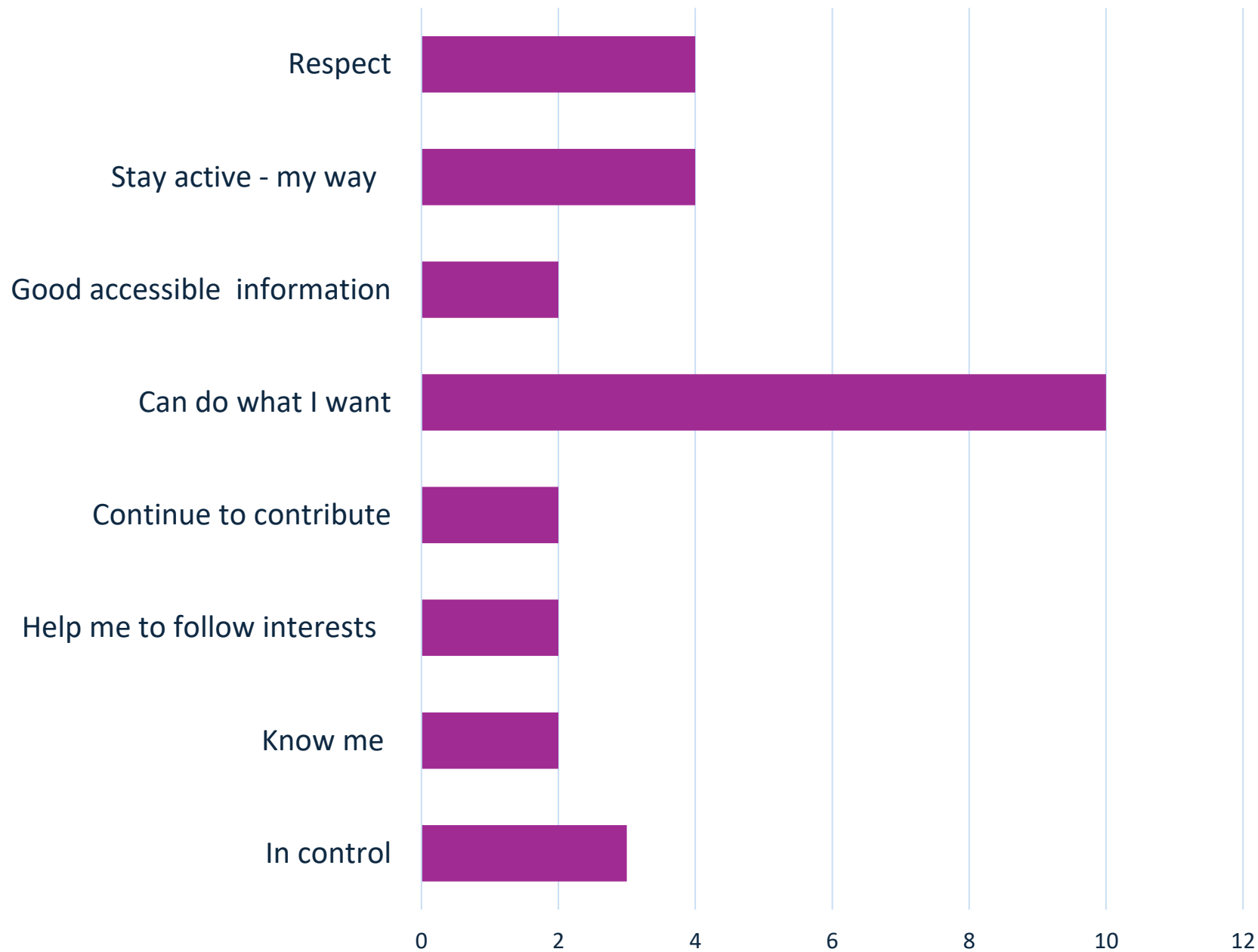
What are your **aspirations** – what kind of care or support would you want for yourself or people you love in the future?

What people told us

Types of care people aspire to get



People's aspirations for their experience of care



*Space for discussion
about things like
politics*

*I want help with
stuff that isn't
'personal care'*

*Embracing
tech*

*I want to
swim every
day*

*I want good
information about
all the options*

*Care providers
that actually care*

*Tap into people's
strengths*

*I still want to
be me*

*I want to be able to
do what I want to do*

What we learned

- There is a massive difference between the care services on offer in Nottinghamshire and the types of care people actually want
- Lots of care doesn't care or can't care
- Professionals can see this in both their work and personal lives
- People know the questions to ask to challenge the status quo
- People have great ideas for different and better

*Why does care
have to look
that way?*

Contact us



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